



beauty and holistic treatments
refresh your senses

at



Ringwood Hall

HOTEL

Brimington, Chesterfield S43 1DQ

Telephone: 0785 290 3496 or 01246 860767

Opening Hours • Mon Closed • Tue 10.30 - 8.00 • Wed Closed • Thur Closed • Fri 10.30 - 8.00 • Sat 10.00 - 5.00 • Sun 12.00 - 4.00

It may be possible to arrange hours outside of these. Please enquire.

www.zest-beauty.com



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DECLEOR Facial Treatments

Aromassage - The Relaxing Aromatic FacialApprox 1hr - **£35.00**

Longing for a moment of pure relaxation? Decleor devotes its own special art of massage to your face. Let your therapist's trained fingers soothe and relax your entire face, filling your skin with a new breath of life. Get ready to slip into complete and utter relaxation.

Aromaplastie - The Classic Aromatic Facial.....Approx 1hr - **£38.00**

Tempted by the softest sensation of pure performance? This multi-active, 100% natural treatment is tailored to every skin type. Rediscover a revitalised you. Your major needs are met to perfection and your skin feels soft, smooth and refreshed.

Aroma Expert Lift (Evidence Lift)Approx 1hr 15 mins - **£45.00**

The ultimate holistic answer to facial firming, designed to enhance the youthful appearance of your skin. Incorporating a unique combination of essential oils including Iris, Jasmine and Cinnamon extract. The treatment helps to combat the appearance of ageing in mature skin.

Aroma Expert Purify (Total Balance)Approx 1hr 15 mins - **£42.50**

An intensive balanced treatment, with purifying essential oils of Ylang Ylang and Tea Tree that immediately leaves your skin cleaner, more luminous and refined.

Vital EyesApprox 30 mins - **£27.00**

A unique, intensive eye treatment that melts away the feeling of tension. The feeling of puffiness and appearance of dark shadows are reduced and all traces of fatigue are diminished.

Aroma Expert Soothe (Sheer Calm).....Approx 1hr 15 mins - **£42.50**

Using natural essential oils of Rose, Neroli and Petit-Grain this wonderful calming treatment brings immediate comfort to stressed skin and the epidermis is soothed and re-balanced leaving the complexion smooth and cool.

Aroma Expert Essential.....Approx 1hr 15 mins - **£44.00**

This precision treatment provides an instant and long term response for thirsty skin. The HYDRA FORCE combines fruit powder and flower syrup, which work in synergy to boost and restore moisture balance to reveal a luminous and radiantly beautiful complexion.

DECLEOR Body Treatments

Aromassage - Art of Absolute Well-being.....Approx 1hr 30 mins - **£45.00**

Longing for a moment of pure relaxation? From the tips of your toes to the tension points on your scalp, your therapist's trained fingers ease, soothe and relax every part of your body. Tensions are soothed away and energy is restored.

Sunrise.....Approx 1hr 30 mins - **£45.00**

Pure and natural aromatherapy balms are massaged into your face and body to ease tension, relax and soothe, as well as to boost the cells natural defence system. The finishing touch to this skin preparing treatment is a professional application of the golden self-tan leaving you positively glowing for any occasion.

Aroma Localised Flow (Energise).....Approx 45 mins - **£34.00**

The perfect antidote for tired, aching legs, this instantly refreshing treatment will put the bounce back in your stride.

Express Tan.....Approx 45 mins - **£25.00**

This quick and simple treatment includes a full body exfoliation leaving the skin silky smooth, followed by a nourishment for the skin. It then ends with an all over body tan. (Decleor tan also available from £15.00)

Luxury Sunset Treatment.....Approx 1hr 30 mins - **£45.00**

Exfoliation and Nourish.....Approx 30 mins - **£18.50**

An all over body exfoliation, using our luxurious sea salts, leaving the skin utterly radiant. To finish, pure moisture and nourishment is massaged into the skin.

Body and Holistic Treatments

Swedish Body Massage

Traditional massage designed to help you lie back and relax.

Back Massage.....Approx 30 mins - **£16.00**

Body Massage.....Approx 1hr - **£30.00**

Aromatherapy Massage

This massage will be tailored to your every need and this perfect blend will meet all your desires. We can uplift and rejuvenate or calm and relax. All your stress and troubles will slowly melt away.

Back Massage.....Approx 30 mins - **£20.00**

Body Massage.....Approx 1hr - **£35.00**

Holistic Back and Scalp Massage.....Approx 45 mins - **£28.00**

This treatment allows you to have the best of both worlds. The treatment begins with a deluxe back massage to meet your individual requirements. Then to finish a luxurious scalp massage where warm oil will be slowly drizzled through the hair, which will enable you to relax and unwind.

Hot Stone Therapy

A blissfully relaxing experience, designed to melt away aches and pains and re-balance the body's energy centres. Warm basalt and cold river stones are used to massage away the stresses of everyday life, whilst you lie upon a selection of carefully chosen fragranced, warm stones, leaving you feeling physically, emotionally and spiritually uplifted. Please allow an extra 15 minutes consultation time on your first visit.

Full Body Including Face.....Approx 1hr 30 mins - **£45.00**

Full Body.....Approx 1hr - **£35.00**

Back and Shoulders.....Approx 30 mins - **£25.00**

Indian Head Massage.....Approx 40 mins - **£28.00**

The ancient art of pressure point massage will help release tension and stress and also gives a sense of well-being and ease.

Deep Tissue Massage

A deep and intensive massage, excellent for releasing any aches, pains, injuries, stress and tension. Could help with Sports injuries, please enquire.

Back Massage.....Approx 30 mins - **£20.00**

Body Massage.....Approx 1hr - **£35.00**



Hands and Feet

Manicure	Approx 45 mins -	£16.00
Pedicure.....	Approx 45 mins -	£20.00
Shape and Polish	Approx 20 mins -	£10.00
Gel Nails	Approx 1hr 15 mins -	£35.00
Natural Overlay.....	Approx 1hr -	£25.00
French Gel	Approx 1hr 15 mins -	£38.00
Infills.....	Approx 45 mins -	£20.00
Nail Repair	Approx 10 mins -	£4.00
Removal.....		£15.00

Make-Up

Make-Up.....	£40.00
Cleanse and Make-Up	£45.00
Make-Up and Trial.....	£60.00

Waxing and Essential Eye Treatments

Lip or Chin Wax.....	Approx 15 mins -	£5.00
Underarm or Bikini Wax.....	Approx 15 mins -	£7.00
1/2 Leg Wax	Approx 25 mins -	£12.00
Full Leg Wax	Approx 50 mins -	£18.00
Eyelash Tint.....	Approx 30 mins -	£7.50
Eyebrow Shape.....	Approx 15 mins -	£6.00
Eyebrow Tint.....	Approx 15 mins -	£7.50
Eyebrow Shape, Eyelash & Brow Tint.....	Approx 50 mins -	£15.00

All tinting requires a 24hr patch test



Luxury Pampering Packages

Spa Days for you & close friends....From 10.00am to 5.00pm - **£95.00 each**
Make the time to spend a day with your best friends. Use Ringwood's fantastic facilities. The pool, sauna, steam room and gym are yours for the day as you enjoy any great Decleor facial and a choice of massage or luxury manicure or pedicure. A nourishing light lunch is also included in what is sure to be a memorable day.

Blossoming Bride to Be **£150.00**

This fabulous treatment is a must have for all brides to be. Your pampering will begin a week prior to the big day with a make-up trial and a Decleor Aromaplastie facial. It continues the day before with a holistic back and scalp massage, manicure, pedicure, eyelash tint and brow shape, culminating on the big day with a full ArtDeco make-up.

Beautiful Mums and Bridesmaids **£90.00**

Choose between a Decleor Aromassage facial or an express tan, then relax with a beautiful back massage and manicure finishing with a full make-up to leave you fully refreshed and ready for the big day.

Beautiful Bump..... Approx 1hr 30 mins - **£50.00**

A luxurious and very welcome pamper treatment perfect for Mums to Be! This fabulous treatment includes a deluxe back massage, scalp massage, hand, arm and bump massage finished off by a lower leg and foot massage.

Treatments for Men

Skin Fitness Essential Facial..... Approx 1hr - **£35.00**

Express cleansing treatment for all skin types.

Skin Fitness Expert Facial..... Approx 1hr 15 mins - **£39.00**

Deep energising treatment adapted to treat individual skin concerns.

Back/Chest Wax Approx 25 mins - **£12.00** Both Approx 50 mins - **£20.00**

